

## SUNDAY

### BEALS

7-8:00 PM  
C L

### BREWER

2-3PM  
O

### BREWER

7-8:00 PM  
O 12 H

### ELLSWORTH

7-8:00 PM  
O D H

### KENNEBUNK

6:30-7:30 PM  
O D H

### PORTLAND

7-8:15PM  
O D L H

### ROCKLAND

6:00-7:00 PM  
O D H

### Waterville

7-8:00 PM  
BT

### **Serenity Group**

Community of Christ Church  
15 Bayview Drive 04611

### **Bangor Area Newcomers**

Bangor Area Recovery Network  
142 Center St 04412

### **Grateful We're Not Dead**

1<sup>st</sup> Congregational Church  
35 Church St. 04412

### **Alive & Kicking**

Your Place Inc.—8 Old Mill Rd 04605  
Rte 1A & 179, behind Sunrise Glass

### **Free At Last**

Christ's Church - Rear Door  
6 Dane Street/Rt. 1 & 35 04043

### **So Fresh And So Clean**

Amistad Peer Recovery Center  
66 State St. 04101

### **Sunday Serenity**

First Baptist Church  
215 Limerock Street 04841

### **We Do Recover**

Pleasant St United Methodist Church  
61 Pleasant Street 04901

## MONDAY

### AUGUSTA

7:30-9 PM  
O BT H

### BANGOR

12:00–1:00 PM  
O D

### BELFAST

6:30-7:30 PM  
O 12 H

### BREWER

7:30 pm-8:30 PM  
O D H

### BRIDGTON

7-8:00 PM  
O D L H

### **Warm and Slightly Fuzzy**

Grace United Methodist Church  
13 Green St 04330

### **The Promise is Freedom**

St. John's Episcopal Church  
234 French St. 04401  
In church office, across from Church

### **Second Chances**

55 Spring Street 04915  
First Church of Belfast 'Annex'  
Beside Crosby School

### **New Beginnings**

Bangor Area Recovery Network  
142 Center St. 04412

### **How It Works (Room 2)**

Bridgton Community Center  
15 Depot St. 04009

### KENNEBUNK

7-8:00 PM  
O D H

### PORTLAND

12:00-1:15 PM  
O D B BT

### PORTLAND

7:00-8:15 PM  
O D CL Topic

### RAYMOND

7-8:00 PM  
O L H

### ROCKLAND

6:30-7:30 PM  
O D

### SACO

7-8:15 PM  
O

### WATERVILLE

7:00-8:00 PM  
O

## TUESDAY

### ALFRED

7-8:00 PM  
O D H

### BANGOR

12:00–1:00 PM  
O D

### BIDDEFORD

7:00-8:15 PM  
O D H

### BLUE HILL

7:00-8:00 PM  
O 12 D

### BREWER

7-8:00 PM  
O 12 H

### ELLSWORTH

7:00-8:00 PM  
O D H

### ELLSWORTH

7:00-8:00 PM  
O D SP

### **It Just Gets Better**

St David's Episcopal Church  
138 York Street 04043

### **New Beginnings**

Portland Recovery Community Center  
468 Forest Avenue 04101

### **Unity (use side entrance)**

1st Unitarian Universalist Church  
425 Congress St. at Temple 04101

### **Lake Region Group**

Clyde Bailey Drop In Center  
1311 Roosevelt Trail 04071

### **Coastal Recovery Group**

Community Center, Ste 103&104,  
24 Lincoln Street 04841

### **No Name Group**

Oasis Club  
63 School Street 04072

### **11<sup>th</sup> Step Meditation Meeting**

United Church of Christ  
7 Eustis Parkway 04901

### **How Ya Doing?**

Notre Dame Spiritual Center  
147 Shaker Hill Rd. 04002  
(off Route 202) Denis Hall

### **The Promise is Freedom**

St. John's Episcopal Church  
234 French St. 04401  
In church office, across from Church

### **Stairway to Freedom**

Second Congregational Church  
19 Crescent St. 04005

### **Clean By The Bay**

Blue Hill Memorial Hospital 04614  
57 Water St. – Rotating Format

### **Grateful We're Not Dead**

1<sup>st</sup> Congregational Church  
35 Church St. 04412

### **Alive & Kicking**

Your Place, Inc –8 Old Mill Rd 04605  
1A&179, behind Sunrise Glass

### **Love & Tolerance**

St. Dunstan's Episcopal Church  
134 State Street 04605

### FARMINGTON

6:30-7:30 PM  
O 12

### GUILFORD

6:30-7:30 PM  
O D JFT 12 BT

### LEWISTON

8:00-9:00 PM  
O 12

### NORWAY

7:00–8:00 PM  
O D L

### PORTLAND

7-8:15 PM  
O S-123

### PRESQUE ISLE

7:00-8:00PM  
O 12 H

### ROCKLAND

6:30-7:30 PM  
O BT CL H

### WATERVILLE

6:30-8:00 PM  
O D H JFT

## WEDNESDAY

### AUGUSTA

530–6:30PM  
O D

### BANGOR

12:00–1:00 PM  
O D

### BELFAST

6:00 pm-7:00 PM  
O D H

### BREWER

7:30 pm-8:30 PM  
O D H

### OLD ORCHARD

7:30-8:45 PM  
O L H

### PORTLAND

7-8:15 PM  
O D H

### **Dragon Slayers**

Henderson Mem. Baptist Church  
110 Academy (at Main St.) 04938

### **Willing to Grow**

Guilford Methodist Church  
3 School St. 04443

### **Time is Money**

Grace Street Recovery Center  
550 Lisbon St 04240

### **Oxford Hills Group**

Common Ground Counselling  
235 Main St. 04268  
Side door to bottom floor

### **Share & Live**

State Street Church, UCC  
159 State Street 04101

### **Courage to Change**

St. John's Church  
52 Second Street. 04769

### **New Attitudes**

St. Peters Episcopal Church  
11 White St (corner of White &  
Limerock) 04841

### **Who Am I?**

St. Mark's Church  
60 Eustis Parkway at North St 04901

### **We Do Recover**

LINC Wellness and Recovery Center  
38 Memorial Drive 04330  
2<sup>nd</sup> Floor Education Room

### **The Promise is Freedom**

St. John's Episcopal Church  
234 French St. 04401  
In church office, across from Church

### **Second Chances**

United Methodist Church  
23 Mill Lane 04915

### **New Beginning**

Bangor Area Recovery Network  
142 Center St. 04412

### **Catch the Wave**

United Methodist Church, 04064  
Corner of Washington & 6 Fountain Ave  
On beach in July, at end of Ocean Ave

### **New Life**

St. Luke's Church  
143 State St. 04101  
Use Park St. Entrance

### ROCKLAND

6:30-7:30 PM  
O D L H

### SANFORD

7:30-9:00 PM  
O H

### SKOWHEGAN

6:45-7:45 PM  
O SP L

### TOPSHAM

7:00-8:00 PM  
O 12

## THURSDAY

### ALFRED

7-8 PM  
O D H

### BANGOR

12:00–1:00 PM  
O D

### BEALS

7-8:00 PM  
O D

### BELFAST

6:30-7:30 PM  
O D H

### BREWER

7-8:00 PM  
O D 12 H

### BUCKSPORT

7-8:00 PM  
O D I H

### FARMINGTON

7-8:00 PM  
C 12 L H

### FORT KENT

7:00–8:00 PM  
O

### **Just For Today**

St. Peter's Church, 11 White St 04841  
Literature study Living Clean or JFT

### **Live Clean or Die**

Sanford UU Church  
5 Lebanon St. 04073  
Great Children's Room  
Prkng/Entrance behind Salvation Army

### **Keys to Freedom**

Notre Dame De Lourdes  
Catholic Church Parish Center  
273 Water St, Upstairs 04976

### **Clean Slate Group**

ABC Baptist Church  
1 Elm St, 04086

### **How Ya Doin'?**

Notre Dame Spiritual Center  
147 Shaker Hill Rd. 04002  
(off Route 202) Denis Hall

### **The Promise is Freedom**

St. John's Episcopal Church  
234 French St. 04401  
In church office, across from Church

### **Moosabec Group**

Community of Christ Church  
15 Bay View Drive 04611

### **Second Chances**

United Methodist Church  
23 Mill Lane 04915

### **Grateful We're Not Dead**

1<sup>st</sup> Congregational Church.  
35 Church St. 04412

### **Happy joyous and free group**

Bucksport United Methodist church  
71 Franklin St

### **Step Awareness**

Franklin County  
Memorial Hospital  
111 Franklin Health, Rt. 2/4 04938

### **New Attitude**

Forest Hill Manor Nursing Home  
25 Bolduc Ave. Diagonally across from  
hospital, 1st driveway, Door C on 1<sup>st</sup>  
floor on right 04743

**LEWISTON**  
8:00–9:00 PM  
O L

**Free and Clean**  
Calvary Methodist Church  
59 Sabattus Street 04240

**PORTLAND**  
7 -8:15 PM  
O D

**No Name Group**  
Sacred Heart Church,  
80 Sherman St 04101  
Corner of Sherman/Mellen

**SANFORD**  
7 -8:00 PM  
L D

**Key Tags Not Toe Tags**  
Saint George's Church  
3 Emerson St 04101  
Across from Cumberland Farms

**For New Hampshire Meeting  
Information  
888-624-3578  
OR  
www.gsana.org**

**“Our message is hope and  
the promise is freedom.”**

**FRIDAY**

**AUGUSTA**  
6:30-8:00 PM  
O L D

**Clean and Serene**  
Penney Memorial Church  
393 Water St 04330

**BANGOR**  
12:00–1:00 PM  
O D

**The Promise is Freedom**  
St. John's Episcopal Church  
234 French St. 04401  
In church office, across from Church

**BIDDEFORD**  
7:00-8:15 PM  
O D 12 H

**Stairway to Freedom**  
Second Congregational Church  
19 Crescent St. 04005

**BREWER**  
7:30 pm-8:30 PM  
O D H

**New Beginning**  
Bangor Area Recovery Network  
142 Center St. 04412

**ELLSWORTH**  
7-8:00 PM  
O D H

**Alive & Kicking**  
Your Place Inc – 8 Old Mill Rd 04605  
1A&179, behind Sunrise Glass

**HOULTON**  
7-8:00 PM  
O D 12

**Friday Night NA**  
Houlton Regional Hospital  
20 Hartford St,04730 3<sup>rd</sup> floor ed. Center

**KENNEBUNK**  
7:00-8:00 PM  
M JFT D

**Friday Night Men's Meeting**  
Unitarian Universalist Church  
114 Main St. 04043

**MEXICO**  
7:00-8:00 PM  
O D B SP 12 H

**Harvest Meeting**  
First Baptist Church  
20 Roxbury Rd 04257  
Child care provided

**PORTLAND**  
12:00-1:15 PM  
O D B BT H

**New Beginnings**  
Portland Recovery Community Center  
468 Forest Avenue 04101

**PORTLAND**  
7-8:15PM  
O D BT H

**Original Recipe Basic Text**  
Mercy Hospital, lower auditorium B2  
144 State St.

**PRESQUE ISLE**  
7:00–8:00 PM  
O D H

**Courage to Change**  
St. John's Church  
52 Second Street 04769

**ROCKLAND**  
6:30-7:30 PM  
O D CL H

**New Attitudes**  
St. Peters Church  
11 White St 04841  
Corner White & Limerock St

**WATERVILLE**  
6-7:30 PM  
C D L

**Waterville Five & Dime**  
First Congregational Church  
7 Eustis Parkway at Main St. 04901  
Open Mtg. last Fri. of Month

**SATURDAY**

**BANGOR**  
7:00-8:00 PM  
O D H

**New Freedom**  
E Maine Medical Center  
489 State St 04401  
Brandon Conference Room 2<sup>nd</sup> floor

**BELFAST**  
10-11:00 AM  
O D H

**Second Chances**  
United Methodist Church  
23 Mill Lane 04915

**BIDDEFORD**  
7:00-8:15 PM  
O D H

**Stairway to Freedom**  
Second Congregational Church  
19 Crescent St. 04005

**CARIBOU**  
7:00-8:15 PM  
O L

**Most Powerful Vehicle**  
Soup Kitchen  
62 Collins St. 04736

**ELLSWORTH**  
7:00-8:00 PM  
O D SP

**Love & Tolerance**  
St. Dunstan's Episcopal Church  
134 State Street 04605

**FARMINGTON**  
9-10:00 AM  
O D H

**Nine-ish (Crosby Room)**  
Franklin County Mem. Hosp.  
111 Franklin Health, Rt. 2/4 04938

**GREENVILLE JUNCTION We Can Do It**  
7:00-8:00 PM  
O JFT  
C.A. Dean Hospital.  
364 Pritham Ave, 04442

**PORTLAND**  
9:30 -10:30 AM  
O D JFT

**Breakfast Meeting**  
Portland Community Health Center  
186 Park Ave. 04102

**PORTLAND**  
3:15-4:15 PM  
LIT H

**Living Clean**  
Portland Recovery Community Center  
468 Forest Avenue 04101

**PORTLAND**  
7-8:15 PM  
O D CL

**Principles Before Personalities**  
Immanuel Baptist Church  
156 High St. 04101  
Use Deering St. Rear Entrance

**S THOMASTON**  
6:30-7:30 PM  
O D CL

**The Keag is Up**  
People's United Methodist Church  
13 Chapel St. 04858

**IF YOU WANT TO USE ... USE THE PHONE!**

MEETING CODES  
O .....Open Meeting, all welcome  
C.....Closed Meeting for addicts and those who think they might have a problem  
D.....Discussion  
B.....Beginners  
SP .....Speaker Meeting  
BT .....Basic Text  
JFT....Just For Today  
12 .....Step/Tradition Meeting  
L .....Literature  
H.....Handicapped Accessible  
I .....Institution  
W.....Women's Meeting  
M.....Men's Meeting  
CL .....Candlelight



**NARCOTICS  
ANONYMOUS**

**Maine Meeting List  
Dec 2017-Jan 2018**

(1-3-2018)

For the most current meeting list visit:

[www.namaine.org](http://www.namaine.org)

or call the Helpline

**For additional meeting lists, either  
download them from the website or  
copy this meeting list.**

“When at the end of the road we find that we can no longer function as a human being, either with or without drugs, we all face the same dilemma. What is there left to do? There seems to be this alternative: either go on as best we can to the bitter ends – jails, institutions or death – or find a new way to live. In years gone by, very few addicts ever had this last choice. Those who are addicted today are more fortunate. For the first time in man's entire history, a simple way has been proving itself in the lives of many addicts. It is available to us all. This is a simple spiritual—not religious—program, known as Narcotics Anonymous.”

**✦ HELPLINE ✦**

**1-800-974-0062**



Maine Area Service Committee  
PO Box 5309  
Portland, ME 04101

NA World Services  
PO Box 999  
Van Nuys, CA 91409-9099