



# Brothers In Spirit



19th Annual NA Men's Retreat

April 27-29, 2018 - Shaker Hill Road, Notre Dame Spiritual Center, Alfred, Maine

**"Recovery is one long exercise in applying the Serenity prayer"**

**Friday's Program:**

**ABOUT BROTHERS IN SPIRIT**

Welcome to the Bro, a little about Brothers in Spirit, our theme: Acceptance, Courage, & Wisdom, and a time to meet, share, greet old friends, and welcome newcomers.

**Saturday's Program:**

**SERENITY TO ACCEPT**

The signs and penalties of not accepting what we cannot change. Just what is this kind of serenity, acceptance and how do we do that?

**COURAGE TO CHANGE**

What are the things we can change, why change them, and the selfishness of duty.

**WISDOM TO KNOW**

Things we can change and things we cannot change: How to tell one from the other.

**RECOVERY & THE PRAYER, DAY-TO-DAY**

Sharing experiences in applying the Serenity Prayer, as well as other prayers, toward staying clean and growing in recovery.

**Sunday's Program:**

**THE FIRST WORD, "GOD"**

The G-word begins the Serenity Prayer. Getting Higher Powered.

**Brothers In Spirit** is a weekend long commitment to growing as men in recovery from addiction through meetings, workshops, fellowship, sharing, and fun. Our Friday meeting (7-9:00 pm) is open to everyone. **To attend the remainder of the retreat it is necessary to register for a package.**

► BIS is sponsored by the How Ya Doin' NA Group of Alfred, ME.

**Retreat Packages Include:**

- 2 nights lodging at the spiritual center.
- Meals from Saturday breakfast through Sunday breakfast. (Friday dinner and Sunday lunch available at extra cost).
- Lots of snacks, recovery, sharing, fellowship, fun, friends, and even Wi-Fi.

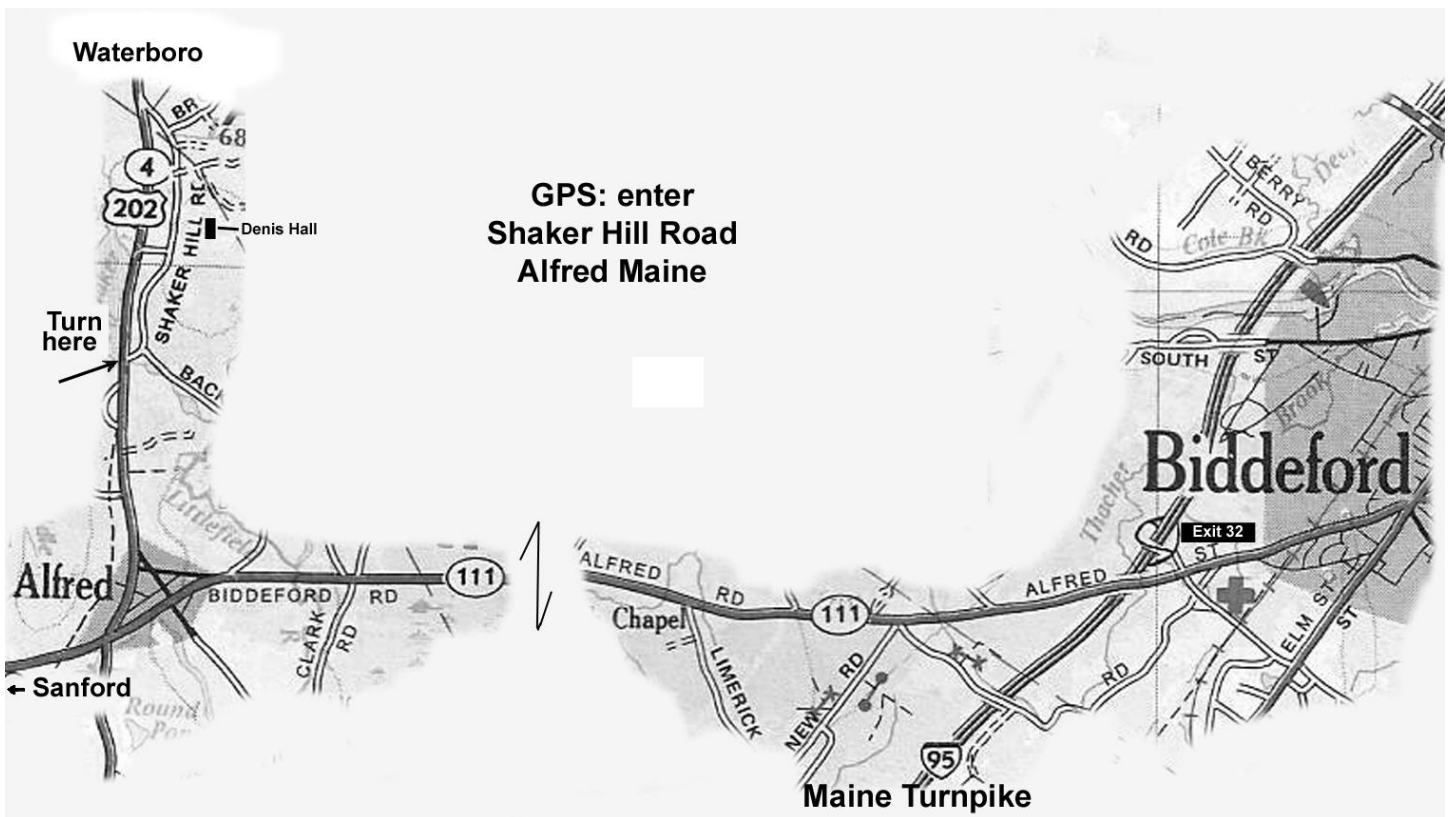
- \$170.00 Registration at the door
- \$160.00 Early Registration (*Before 3/15/2018*)
- \$25.00 deposit holds your place.
- \$12.00 Friday night dinner additional.
- \$12.00 Sunday lunch additional.

Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 Town \_\_\_\_\_ State \_\_\_\_ Zip \_\_\_\_\_  
 Phone \_\_\_\_\_  
 E-mail \_\_\_\_\_  
 Clean Time (optional) \_\_\_\_\_ Chair & Share? \_\_\_\_\_

Brothers In Spirit Packages \$170.00 @ \_\_\_\_\_  
 Early Reg. Packages \$160.00 @ \_\_\_\_\_  
 Friday Dinner \$12.00 @ \_\_\_\_\_  
 Sunday lunch \$12.00 @ \_\_\_\_\_  
 Times Are Rough (TAR) donation \_\_\_\_\_  
 Total \_\_\_\_\_

Send checks or money orders to: Brothers In Spirit, 474 Main Street, Rockland ME 04841. *Retreat packages are available for those needing financial assistance.* Contact Chair at : [bis@namaine.org](mailto:bis@namaine.org)

# Directions



## Directions to the Notre Dame Spiritual Center, Shaker Heights Road, Alfred ME:

Maine Turnpike (I-95), take Exit 32 at Biddeford, turn right onto Route 111. Drive approximately 11 miles to the village of Alfred, turn right onto Route 202-4. About 1.6 miles on the right, immediately after a small bridge, there is a sign for Shaker Hill Road and the spiritual center. Get on Shaker Hill Road and drive to the top of the hill. You will find us in Denis Hall.